



Welcome Swift Current Chapter of STS to the Summer "In Touch" 2018

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PRESIDENT'S REPORT - JUNE 2018

Summer has finally arrived. The birds are nesting and the perennials are blooming. The sun is shining but at this point, there is not a lot of precipitation that has fallen to aid in the growth of the crops that have been seeded. After our lengthy Winter and Spring seasons. I am enjoying Summer and the sun and mild weather.

The Spring Fling was a great success. We were very fortunate to have Jean Cyca do our armchair travel. A big thank you goes to Jean who so willingly shared her adventures with us. She was able to tell us of her adventures in hiking in Northern Italy and biking on the Croatia Islands. Of course, the delicious Chinese Smorgasbord added to the evening. It was great to see so many out to enjoy the wonderful presentation and the food.

Shortly after, forty participants boarded a bus, bound for Regina, for our annual field trip. This trip is usually planned for June, but it was scheduled early this year. Clara Loeppky did an outstanding job of co-ordinating and planning this outing. A big thank you goes to Clara for all her work in the preparation of this outing. As usual, we had a bit of wind, but the hardy participants endured it. The adventure included Government House, Stone Hall Castle (I didn't realize that Regina had a castle) and a Globe Theatre production of "I and You". A delicious meal for supper was also organized at Tony Roma's. I don't know how Clara planned it, but we also had a beautiful display of the Northern Lights on the way home.

In May, we had seven delegates representing the STS Swift Current Chapter, attend the Provincial STS Annual General Meeting in Saskatoon. Your delegates were: Shirley Dyck, Nancy Baumann Wall, Gail Wesolowski, Patti Gatzke, Jeanette Eckert, Wally Derkach and Leon Eckert. You will find their reports in this "In Touch". If you have any questions, please contact them for clarification. Thank you for volunteering and doing such a great job at the AGM. It was wonderful to see people volunteering for this important part of the work of your Chapter and Organization.

Also in May, we had our regular STS Meeting. We had two individuals step down off the Executive and a few new members come forward to take their place. We say

a good bye to Rosalie Flynn, the present Treasurer, and to Clara Loeppky, the present Recreational Director. You both have done an outstanding job in our Chapter, and will be missed.

We welcome to the Executive, Mel Friesen, as Treasurer, and Patti Gatzke and Cindy Glenn-Schultz, Co-chairs for the position of Recreational Director,. Welcome to the STS Swift Current Chapter. You will have big shoes to fill but we are so happy that you let your names stand to take a position on the Executive. You will be a welcome addition to the 2018 -2019 STS Swift Current Executive.

Even though our year is finished, planning continues for next year. Mark your calendar for the first event of the new planning year—Heck With the Bell Brunch and Golf, on September 4, 2018, at Chinook Golf Course. You will have the opportunity to welcome our new superannuates and enjoy a delicious brunch followed by a round of golf for those individuals that choose to golf. The breakfast starts at 8:30 am. The cost remains the same as last year at \$10.00 per person. I must let the restaurant know the number of people eating by Aug. 30. Remember, we pay for what we order. Please email me at jdthoffman@sasktel.net or phone and leave a message on my answering machine (if I am not home) at 306-773-2453.

Golf will follow the breakfast. It would be nice to see the tee times all used. Please contact Cindy Glenn Schultz at 1-306-587-7826 (leave a message if she is not at home) or by emailing her at cglennschultz@gmail.com. The cost is \$27/\$25 senior rate. The cost of the cart is \$30/\$15 if shared. Tee times will begin at 10 am. More information can be obtained from Cindy regarding the golf.

Thank you for the support and encouragement you have given me this year. On behalf of the Executive, have a great summer break and see you at the opening event on September 4th.

Joyce Hoffman, President
Swift Current Chapter of
Superannuated Teachers

FINANCIAL STATEMENT OF THE SC CHAPTER

March 13 – June 1, 2018

Treasurer: Rosalie Flynn

Balance in Chequing Account Mar. 1 **4396.10**

RECEIPTS

Deposits for trip to Regina	1450.00	
Spring Fling Revenue	540.00	
STS AGM Mileage Rebate	756.00	
Interest (March, April)	<u>.55</u>	
TOTAL DEPOSITS	2746.55	7142.65

EXPENDITURES

L. Walker trip Refund (Medical)	115.00	
J. Hoffman Spring Fling Prizes	16.65	
Wong's Spr. Fl. Kitchen Buffet	569.71	
Stone Castle Admit 5 under 65	75.00	
Gov't House Tour Donation	100.00	
South SK Bus Lines	1575.00	
L. Romankewicz - photocopying	33.00	
Library – Donation for MahJong	100.00	
R. Flynn – Envelopes/stamps for Spring "In Touch"	142.21	
Innovation –order cheques	34.97	
S. Dyck AGM Meal Allowance	20.00	
W. Derkach AGM Mileage/M meal	272.00	
J. Eckert AGM Meal Allowance	20.00	
Leon Eckert AGM Mileage/M meal	272.00	
Nancy Baumann Wall Meal Allow.	20.00	
Patti Gatzke AGM Meal Allowance	20.00	
G. Wesolowski AGM Meal Allow.	20.00	
J. Hoffman Candies for Regina Trip	<u>11.20</u>	
TOTAL EXPENDITURES	3668.74	3473.91

Member Rewards Acct Balance May 16 8.16

High Interest Savings Acct.- May 16 4164.68

Interest (March, April) 6.24

High Interest Account Balance 4170.94

Chapter subsidized the following events:

Spring Fling 46.36 Bus trip to Regina 4.44

When life seems hard, the courageous do not lie down and accept defeat; instead, they are all the more determined to struggle for a better future."

STS SC Chapter Spring Fling

Spring Fling this year was held on Wednesday, April 11, 2018, in the basement of Wong's Kitchen. The Superannuates enjoyed a Chinese smorg, with pie for dessert. Joyce handed out white lilies for door prizes and our newest member, Jean Cyca, came to share her trip to Northern Italy, Venice and Croatia.

Jean and Dave travelled overseas in October for a hiking and biking adventure. They started hiking in the Italian Alps along paths made by local farmers and goat herders. The farms were isolated and few. The farmers grow their hay fields on the mountain slopes. Their group hiked four hours a day, slept in dormitories and the food was German. The views from the mountains were spectacular!

They moved on to Venice and then Croatia. They did a biking tour through Croatia using an electric battery operated bike. It just gave them a helping hand up and over the hills along the coast line. The views were again spectacular! The water was so blue, towns were made up of white washed houses and red roofs. Their trip sounded exciting and full of cherished memories.

STS SC Chapter Spring Outing

On Thursday April 19, 2018 Superannuated Teachers, family and friends boarded a South Sask. Bus Lines bus to travel to Regina for the day. The day was spectacular! The trip started with a Robin Jarmaniac's Flyswat Derby with horses 2,3,4 and 5 as winners.

The first stop was a tour of Government House on Dewdney Ave. It included a tour of the house, museum, art gallery and solarium. The group then went to the Southland Mall for lunch. They ate at the food court, had coffee, did a bit of shopping and had some time for visiting.

Stone Hall Castle was next on the agenda. It was a medieval-style castle with its own spooky painting that was said to be haunted. The painting was purchased in New Orleans and brought to Regina. Everyone was warned not to look directly at the picture. The castle was filled with beeswax candles in huge candelabras, beautiful old oil paintings and a collection of 16th, 17th and 18th century furniture. Jason Hall, the owner and Tour Guide, took everyone on a journey back in time.

Supper was held in the banquet room at Tony Roma's. They offered an excellent smorgasbord of roasted chicken, barbeque ribs, baked potato and Caesar salad. There was lots of time to eat, visit and relax.

The last event of the day was to watch a live play at the Globe Theatre. The play was called "I and You". It was an amazing play between two young people coping with illness, and death.

The day ended with a spectacular display of Northern Lights dancing along the sky following the bus home.

Happy Birthday!

June Buhr	05 June
Nancy Baumann-Wall	06 June
David Niessen	06 June
Janet Little	07 June
Fred Heese	08 June
Joyce Hoffman	11 June
Donna Lock	12 June
Gail Wesolowski	15 June
Shirley Brennan	16 June
Helen McGovern	16 June
Mel Friesen	17 June
Jan Duncan	19 June
Gail Giesbrecht	19 June
Mary Mudry	19 June
Dorlas Bratvold	20 June
Sharon Litowski	21 June
Betty Thompson	21 June
Jean Pearson	23 June
Vic Klymyshyn	25 June
Dan Siebert	27 June
Zoria Shumay	29 June
Eileen Hartman	01 July
Gloria Jacobsen	01 July
Al Sigurdson	01 July
Paulette Bradley	11 July
Margaret Monk	11 July
Eileen Diehl	13 July
Clara Loeppky	19 July
Al Romankewicz	23 July
Shirley Quintin	24 July
Leona Peters	27 July
Dianne Miller	28 July
Phil Koethler	29 July
Lubie Bobick	30 July
Gayleen Turner	06 Aug
Vic Friesen	07 Aug
Jim Bobick	10 Aug
Charlene Hayes	10 Aug
Donna Gillespie	12 Aug
Henry Fehr	13 Aug
Sandra Glover	21 Aug
Ross Orth	21 Aug
David Stewardson	21 Aug
Ron Toles	21 Aug
Rick Oleksiak	27 Aug
Elayne Olson	31 Aug
Sue Waker	31 Aug

(Is your birthday missing? Tell Loretta)

When your feet start to hurt, place yourself in someone else's shoes.

**If I had a flower for every time I thought of you
I could walk through my garden forever.**

SWIFT CURRENT CHAPTER EXECUTIVE 2018-2019

PRESIDENT	Joyce Hoffman
VICE- PRESIDENT	Gail Wesolowski
PAST PRESIDENT	Beryl Robinson
SECRETARY	Nancy Baumann Wall
TREASURER	Melvin Friesen
IN TOUCH EDITOR	Loretta Romankewicz
COMMUNICATIONS	Position pending
AND WEBSITE	Jim Spencer
RECREATION	Patti Gatzke , Cindy Glenn Shultz
AWARDS COMMITTEE	Leon Eckert, Shirley Dyck, L.Romankewicz
NOMINATIONS COMMITTEE	T.B.A.

OUR SINCERE SYMPATHY TO:

Arlene Peltier and family on Jim's passing;
Carol Stubbins and family on the death of **Denys**;
Mildred Friesen and family on Jake's passing; and
Leander Buhr and family on the passing of **Marlyn**.
God bless and comfort you!

OUR HEARTFELT GET WELL WISHES to all
of our members who are not feeling well at home or
in the hospital. We wish you a speedy recovery and
a superb summer.

ENGLISH 101: Have you ever heard of
heteronyms? These are words that are spelled the
same, but are pronounced differently and also have
a different meaning.

1. The bandage was "wound" around the "wound".
2. The farm was set to "produce" "produce".
3. The dump was so full it had to "refuse" "refuse".
4. We must "polish" the "Polish" furniture.
5. He could "lead" if he would get the "lead" out.
6. The soldier decided to "desert" his "dessert" in the "desert".
7. Since there is no time like the "present" he thought it was time to "present" the "present".
8. The insurance was "invalid" for the "invalid".
9. I did not "object" to the "object".

"Happy Summer!"

STS AGM INTEREST SESSION REPORTS MAY 9-11, 2018

Topic: Genealogy

Presenter: Tammy Vallee

Submitted by: Patti Gatzke

Do you wish to do a study of your family tree? Here's how to get started. Ask yourself, "What do I want to know?" Go to libraries which have access to computers, micro-films and genealogy sections. Information can also be obtained from museums, church archives, RM offices or town offices from the areas your ancestors resided, immigration records, and census records, also. Be prepared with paper, camera and a cell phone. Be aware of name changes, different name spellings and also information coming from a third party. **Beware of new ancestry companies like Ancestry 23 and Me and Family Tree DNA who charge a lot of money.** Instead join one of the 20 branches of the Genealogy Society in Saskatchewan or in your home province.

Topic: Forever in Motion

Presenter: Kerreen Lazurka

Submitted by: Gail Wesolowski

'Forever in Motion' started as a health promotion strategy to have people doing regular activity in everyday life to experience health benefits. About 150 minutes of aerobic physical activity per week over 4-7 days, is required to maintain the healthy benefits. Physical activity needs to include cardio, endurance, flexibility, strength and balance components.

Health benefits include: maintain mobility, prevent muscle injuries, reduce risk of falling, delay onset of chronic diseases, reduces risk of cancer, reduces blood pressure, stimulates the brain, controls weight and cholesterol, enhances sleep, reduces depression, supports living independently longer and allows for social interaction

If you don't use it, you lose it. Keep Moving!

Topic: Resolutions

Submitted by: Shirley Dyck

In total there were 22 resolutions discussed on the floor of the AGM. There were 18 resolutions directed to the STS, 4 of those were by-laws. There was 1 resolution directed to the STF, 2 resolutions

directed to the Government and one late resolution. All of the resolutions will appear in the May Outreach with their outcome. Please read them there.

Topic: Travel Tips

Presenter: Kathryn Lockhart

Submitted by: Wally Derkach

Kathryn Lockhart from CAA Travel Saskatchewan presented Travel Tips for "Peace of Mind and Fuss-free Travel- Hopefully". She dealt with issues of security, personal comfort and peace of mind, and packing tips. A complete list of her presentation can be found on the SC Chapter website.

Topic: How to advocate

Presenters: Milton Block and Ian Hanna

Submitted by: Leon Eckert

The gentlemen asked us to learn how best to influence the educational agenda in Saskatchewan. They discussed current advocacy strategies initiated by the STF and the important role STS councillors and superannuated teachers can play in being a consistent voice in the political advocacy arena. Let your voice be heard.

Important questions need to be addressed like: **how do we encourage children to be critical thinkers, media savvy and enthusiastic citizens?** See the website for more questions that need to be discussed.

Topic: STS Financials and Benefits

Presenter: Fred Herron

Submitted by: Jeanette Eckert

Fred Herron led a lively discussion on Issues related to the Extended Health Benefits, on a comprehensive comparison of the Group Benefits Plan Rate and Benefits in Saskatchewan, Alberta and Manitoba and on an Insurance Premium comparison. Many questions that participants in the plan have asked, were answered.

STS Banquet Presentations

Submitted by Nancy Baumann Wall

Recipients of Honorary Life Memberships in 2018
were: Gloria Ferster, Roger Marchand and Ralph
Wardle. Congratulations!