

## **SSM research indicates that older adults are concerned about adequate financial resources.**

Older adults often experience a decline in income after retirement. The ability to supplement income becomes more difficult because physical limitations may increase and ageism can limit employment opportunities.

### **Financial Requirements**

Provision of a secure and adequate income now and into the future includes:

- Ensuring all services are affordable for those with lower incomes
- Tax credits to promote older adults' health and wellbeing
- Increases to public income supports (pensions, social assistance, etc.) to provide adequate income
- Legislated protections of private pension and benefits plans
- Providing financial support or tax credits for unpaid caregivers



## **FINANCE**



Funding for resource provided by SRA

### **You are invited to engage others on this topic:**

- Meet with your local MLA and/or candidates
- Write letters – to politicians or local papers
- Organize a local discussion group
- Talk with your friends and neighbours

**Include examples from your personal experiences**

*SSM is a provincial organization that partners with other organizations to address issues and to promote quality of life for all older adults in Saskatchewan. Based on two years of research, SSM believes a provincial Seniors Strategy is imperative in order to support and empower our population of older adults as they continue to contribute to their local communities and to our province.*

SSM Member Organizations include: Canada Post Heritage Club - Golden Sheaf Chapter; Carp - Regina Chapter; Fédération des aînés francosaskois; Lifelong Learning Centre; Moose Jaw & District Seniors Association; National Association of Federal Retirees; Power Pioneers Association of Saskatchewan Inc.; Regina Seniors Citizens Centre Inc.; Saskatchewan Union Retirees Federation; Saskatchewan Retirees Association; Saskatchewan Seniors Association Inc.; Saskatchewan Senior Fitness Association; Saskatoon Council on Aging; Saskatoon Services for Seniors; SaskTel Pioneers Chapter 59; Senior Power; Superannuated Teachers of Saskatchewan; Women of the Dawn.