

**SSM research indicates that older adults want to have housing and affordable services available so they can have choices about where and how they live.**

## **Housing**

- Being able to 'age in place' – move from one level of support to another in the same location/facility
- Access to various types of affordable and appropriate housing
- Ability to stay in their own community as needs change

**In addition to providing options, it is necessary to address the high cost of care, impoverishing some older adults and resulting in having to relocate from preferred accommodations to other locations/facilities.**



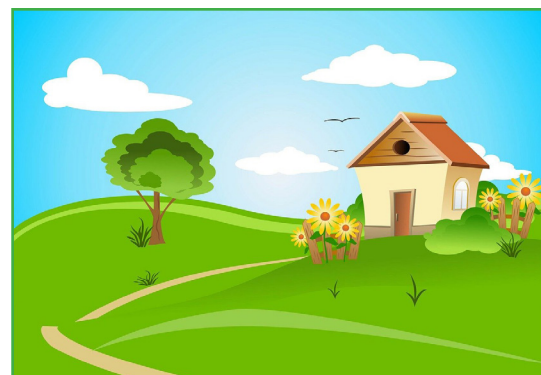
**Accessible and affordable services to enable better physical and mental health as older adults adjust to changes related to aging**

- Homecare to assist with medical and personal care
- Clear and accessible information about what services are available and where
- Assistance with yard work and home maintenance
- Assistance with housework

**You are invited to engage others on this topic:**

- Meet with your local MLA and/or candidates
- Write letters – to politicians or local papers
- Organize a local discussion group
- Talk with your friends and neighbours

**Include examples from your personal experiences**



## **HOUSING**



Funding for resource provided by SRA

*SSM is a provincial organization that partners with other organizations to address issues and to promote quality of life for all older adults in Saskatchewan. Based on two years of research, SSM believes a provincial Seniors Strategy is imperative in order to support and empower our population of older adults as they continue to contribute to their local communities and to our province.*

SSM Member Organizations include: Canada Post Heritage Club - Golden Sheaf Chapter; Carp - Regina Chapter; Fédération des aînés fransaskois; Lifelong Learning Centre; Moose Jaw & District Seniors Association; National Association of Federal Retirees; Power Pioneers Association of Saskatchewan Inc.; Regina Seniors Citizens Centre Inc.; Saskatchewan Union Retirees Federation; Saskatchewan Retirees Association; Saskatchewan Seniors Association Inc.; Saskatchewan Senior Fitness Association; Saskatoon Council on Aging; Saskatoon Services for Seniors; SaskTel Pioneers Chapter 59; Senior Power; Superannuated Teachers of Saskatchewan; Women of the Dawn.