

In Touch with the SC Chapter of Superannuates Vol. 36 No. 3 Summer 2023 Editor: Loretta A. Romankewicz allorosa@sasktel.net; 1-306-773-5244

President's Report Summer InTouch

June is here and summer activities are gearing up.

It has been a busy spring for the Chapter. First, we had our Spring Fling, April 14, at the Elmwood Golf Course,

As the snow was falling outside, 42 members and spouses met at Elmwood Golf Club for our Spring Fling. Our center pieces of spring flowering plants added a cheery reminder that spring was coming. Our president Gail Wesolowski greeted everyone and shared some new business. Gail then introduced our guest speaker Cindy Lowe. Cindy teaches Business at the Swift Current Comprehensive High School. She shared the importance of financial Literacy and management for our youth and our society. She encouraged us to lobby for Financial Management to be part of the Saskatchewan curriculum.

Wally Derkach won the 50/50 draw of sixty six dollars. Our door prize winners were: Teresa Gibbens, Gwen Uher, Leona Peters, Sandi Roberts, Jim Bobick, and Idella Harder.

Submitted by Patti Gatzke

Seven delegates attended the AGM in Saskatoon May 9, 10, and 11. Their reports will be featured on pages 3 and 4. It was the first in person AGM in 3 years and was well attended.

May 18, twenty one superannuates gathered for our Chapter AGM at Cypress House. The

lunch was catered by Casey's. Cypress House had the room all set up and decorated. Tea and coffee were provided. It made a great setting. We gathered to celebrate the STS 50th Anniversary by handing out anniversary pins and had the STS Provincial President Doug Still and Liaison Joyce Hoffman attend. Honorary Life Members, Chapter Award Recipients, and executive members were presented pins. We had elections. There is one change on our Executive. Gwen Uher is our new Treasurer. Winners of tickets to the fall brunch are Joyce Hoffman, Eileen Hartman, Idella Harder and Marcia MacLean.

The 2023-2024 Executive:

President - Gail Wesolowski

Vice President - Idella Harder

Secretary - Nancy Baumann Wall

Treasurer - Gwen Uher

In Touch Editor - Loretta Romankewicz

Communication Officer - Lorne Uher

Web Site - Jim Spencer

Constitution - Constance More, Wally

Derkach, Shirley
Dyck

Activities Committee - Patti Gatzke, and
Cindy Glenn Schultz

Award of Distinction - Shirley Dyck,
Eileen Hartman, Loretta Romankewicz

Nomination Committee - Shirley Dyck,
Constance More

Our June 7th gathering is still to be determined. We are planning a road trip to Duncairn Dam for a picnic, followed by a stop at Lac Pelletier.

Have a great summer and see you all at To Hell with the Bell Wednesday, September 6 at the Chinook Golf Course Clubhouse at 9:00 am.

Gail Wesolowski, Pres. of the SC Chapter.

HAPPY BIRTHDAY!

Eileen Hartman	01	July
Al Sigurdson	01	July
Margaret Monk	11	July
Marilyn King	23	July
Leona Peters	27	July
Jacquie Siemens	27	July
Russ Siemens	27	July
Dianne Miller	28	July
Phil Koethler	29	July
Lubie Bobick	30	July
Gayleen Turner	06	Aug
Vic Friesen	07	Aug
Jim Bobick	10	Aug
Donna Gillespie	12	Aug
Carol Toles	13	Aug
Sandra Glover	21	Aug
Ross Orth	21	Aug
David Stewardson	21	Aug
Ron Toles	21	Aug
Rick Oleksiak	27	Aug
Elayne Olson	31	Aug
Sue Waker	31	Aug
Bob Daintree	02	Sept
Beryl Robinson	02	Sept
Diane Sired	04	Sept
Ardelle Gorman	05	Sept
Carson Robinson	05	Sept
Marie Sommerfeld	08	Sept
Maxine Olmsted	14	Sept
Penny Edwards	18	Sept
Joyce Engen	20	Sept
Margaret Fehr	20	Sept
Darlene Patterson	21	Sept
Greg Brososky	25	Sept
Jackie Cameron	30	Sept

Sincere sympathy to:

family and friends of **Ruth Bulbeck;**

family and friends of **Bohdan Ciona;**

family and friends of **Verona MacDonald**

Jean Cyca on the passing of her Mom, Marie Nodge

Janice Newton Brown on the passing of her Mom,

Leone Newton.

Heartfelt Get Well wishes to our members who are not well at home or in the hospital. We wish you a speedy recovery.

Little known but important STS trivia:

Our own Shirley Dyck was a member on the provincial STS executive for 21 years 1990-2011.

STS / SC CHAPTER FINANCIALS	
March 6 to May 23 / 2023	
(Mel Friesen, Treasurer)	
OPERATING ACCOUNT (March 6)	\$2 502.41
Income:	
Interest (March/April)	0.21
Spring Fling (April)	883.00
May Chapter AGM Luncheon	315.00
Total Income:	1 198.21
Expenses:	
InTouch (stamps/envelopes)	106.32
Spring Fling (April)	997.15
May Chapter AGM/Luncheon	480.54
Prov STS AGM Delegate Expenses	1 076.20
Total Expenses:	2 660.21
*OPERATING ACCOUNT (May 23)	\$1 040.41
MEMBER REWARDS (March 6)	\$17.59
No Activity this Period	
*MEMBER REWARDS (May 23)	\$17.59
SAVINGS ACCOUNT (March 6)	\$10 227.84
Credit: Interest (March/April)	25.66
*SAVINGS ACCOUNT (May 23)	\$10 253.50
*TOTAL FINANCIAL ASSETS (May 23)	\$11 311.50
EVENTS SUBSIDIZED BY SC CHAPTER	Amount
Spring Fling (April)	114.15
May Chapter AGM/Luncheon	165.54

More STS Trivia

Loretta Romankewicz served as editor of OUTREACH from winter 1993-spring 2007.

Swift Current Chapter hosts Provincial Sports:

CURLING 1988;

GOLF 1992;

BRIDGE 1994;

BRIDGE 1995;

BOWLING 1999;

BRIDGE 2000;

GOLF 2001;

CURLING 2011;

AGM Report submitted by Gail Wesolowski

The 50th STS AGM was held May 9, 10, and 11 in Saskatoon. We had 7 delegates registered and 2 lifetime members registered to attend, but due to unforeseen circumstances had some changes. The 7 delegates attending were Constance More, Teresa Gibbens, Shirley Dyck, Wally Derkach, Idella Harder, Leanne White and myself.

Tuesday evening started with some introductions and speeches from those nominated for executive positions. Following this we had anniversary cake and visiting, as this was the first in person gathering since 2019.

Wednesday morning started with greetings and executive reports. After break, we were in small groups discussing resolutions. In the afternoon there were special interest sessions to attend: STF Financials, Sask. Senior Fitness, Sask Senior Mechanism, Sask Blue Cross, Travel Opportunities and Video- Golden The End of Ageism. Saturday evening banquet was attended by delegates, Life time honoraries and members, sponsors and guests. Following the banquet Jeffery Straker and Friends entertained.

Thursday was the AGM followed by lunch and good byes. Executive has stayed mostly the same with the addition of 3 new Members at Large. More information is available on the STS website and the Outreach.

Gail Wesolowski

SK SENIORS MECHANISM:

Home Support Initiative

Submitted by Idella Harder

Presenters: Holly Schick and Linda Anderson

SSM is providing leadership and advocacy to make HOME SUPPORTS a reality. They are the provincial voice for older adults who wish to remain in their homes and communities longer and continue to be contributing citizens.

AN OVERVIEW of HOME SUPPORT is: supported by the STS, is different from Home Care and provides supports like housekeeping,

pet care, yard care and more. Supporters are needed to promote the importance of the HOME Supports Initiative. To join, send an email including your name and phone number to homesupports@skseniorsmechanism.ca

"SaskOutdoors - Be an Environmental Leader!"

Submitted by Constance More

SaskOutdoors is an advocacy group offering information to support outdoor and environmental education. Working through the University of Saskatchewan the group helps educators, individuals, and organizations work on environmental and climate action. The presentation time of 45 min. was not sufficient to hear all that SaskOutdoors does but a thorough overview was completed. I was impressed with the presenter's (Aditi) demeanour - energetic, positive, and inviting. I was also most impressed with the sheer volume of organizations in Canada and the province that are working locally, nationally and internationally to save the planet - from reforestation of Central America to simple things you can do in your own home. Did you know that native prairie grasses sequester as much carbon as trees do? They should be considered for a guest speaking invitation. SaskOutdoors, not the grasses and trees.

Golden: The End of Ageism

Submitted by Teresa Gibbens

This video is an enlightened look at discrimination towards older persons. Through personal interviews, Golden: The End of Ageism reveals what ageism looks like and the devastating effect it has on society. Ageism is anything that prevents people of a certain age from being active, full, and valued members of society (Julia Moulding). This form of discrimination often makes people over 50 feel invisible, unattractive, uninteresting, and useless. Ageism is rampant in the workplace, in healthcare, and especially on social media. CanAge, a Canadian Senior Advocacy Organization, and The International Longevity Centre are advocating at the United Nations for

the rights of seniors and calling for a conference on the rights of older persons. They are initiating change that will lead to a future society that confronts ageism, challenges it, and calls it out for what it is - discrimination. In this future, thoughts of diversity will include ageism, workplaces will build partnerships between older workers and younger workers, and ageism will be a thing of the past.

Golden: The End of Ageism can be found on Youtube

<https://www.youtube.com/watch?v=kc8RCRDUPjY>

PAST PRESIDENTS of the SWIFT CURRENT CHAPTER:

Floyd Johnson	1972-1973
Fred Stokes	1973-1976
Mary Donovan	1976-1977
Cliff Peart	1977-1979
Christina Nason	1979-1980
Frank Mudry	1980-1982
Marg Sillerud	1982-1985
Al Selinger	1985-1987
Wanda Eddingfield	1987-1990
Winnifred Ellerman	1990-1993
Shirley Dyck	1993-1996
Edith Rogers	1996-2000
Leon Eckert	2000-2007
Shirley Dyck	2007-2010
Beryl Robinson	2010-2012
Joyce Hoffman	2012-2018
Present President	
Gail Wesolowski	2019 -----'

Blue Cross Interest session; **submitted by Leanne White**

BLUE CROSS is a benefit plan which generally covers 80% of medical costs up to \$10,000.00 annually. Typical expenses covered are ambulance, accidental dental, aero chambers and hearing aids.

Hospital stay costs are covered 100% for up to 50 days.

Travel medical expenses are covered 100% to a 5 million maximum for a trip up to 65 days. Travel insurance may be purchased. 90 days prior to your trip, have your checkup done. Vaccines and boosters are not considered a pre-existing condition. Prescription drugs carry an 80% coverage up to \$2250 per year. Their drug coverage selection follows that of the Sask. Drug Plan. \$6.00 is the prescription charge.

Extended Health Plan carries 80% coverage up to \$500 per year /per practitioner. It covers things like chiropractor, reflexology, massage, etc.

Vision has 100% coverage on eye exams up to \$150.00 per year. It also does partial coverage of eyeglasses.

Dental carries 80% coverage on basic services and restorations, with 60% coverage on bridges and crowns. Dentists will often direct bill for their services.

Remember to apply for the \$250.00 before June 30, 2023.

A Golden Anniversary

2023 marks the 50th Anniversary of the Superannuated Teachers of Saskatchewan. With over 12,000 members across 41 Chapters, the organization has had many successes to celebrate.

Thanks to efforts of past leaders, STS current and future members can look forward to a respectful pension allowance and have confidence in the level and quality of service and support. Addressing the realities of aging as well as climate change, reconciliation and global migration remain at the forefront for STS members. Today, the organization looks forward to working with its partners to improve the quality of everyday living and bringing about positive changes for the present and future ranks of Saskatchewan's retired teachers.

STS Executive

From an organization of 245 members to one of now over 12,000, the STS continues to serve its members and attend to their interests. Whether members have health needs, social needs or a

need to be involved in advocacy for education, the STS will continue to provide opportunities for members to express their voice in the areas of importance to them.

Murray Wall Executive Director STS